

Strengthen Protective Factors

Unit cohesion, camaraderie and support



Access to assistance services

Healthy lifestyle promotion

Effective problem solving skills

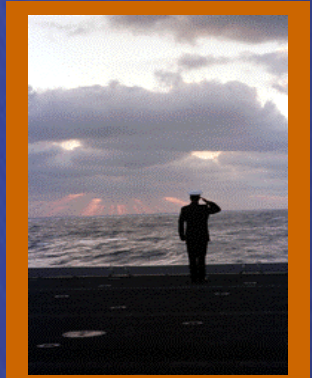


Positive attitude about getting help



Optimistic outlook

Spiritual support



Beliefs counter to suicide and supporting self preservation

